



February 2021

We are now a full month into 2021.  
We hope you are keeping well.

We all are feeling a bit deflated with  
the pandemic nearly a year on.

We must all try to be aware of the  
people who are struggling and reach  
out to them.

We would like to reassure you we  
have strict protocols in place and  
are following the official guidance in  
place, and as it changes.

Welcome to The Sandford, one of the most highly regarded cosmetic and advanced dentistry centres in South East London and Kent. Our patients are at the heart of our ethos and our primary aim is to make your treatment as comfortable as possible, with the highest standards of dental care. Our state of the art clinic provides a welcoming and relaxing atmosphere for your treatment. From the moment you arrive, you will be greeted by our warm and friendly reception team, who will guide you using their extensive knowledge and experience. Our purpose-built practice is fitted with the latest innovative equipment and we pride ourselves in being one of a few referral centres in the South East that has all dental specialities under one roof. As a result, we are able to carry out multidisciplinary advanced and complex treatments which may not be possible at many dental practices.

**Contact Us**

[www.thesandford.com](http://www.thesandford.com)

Here at The Sandford,  
we offer a few 'feel good'  
treatments as well  
as necessary treatments.

In the next couple of pages, we  
will show you some treatments  
that can help replenish the skin  
and the body.

In our 'What's New' section, we  
discuss the benefits of our  
'Practice Plan'.



## IV Drips

Whether you are an athlete, are run down or just have the winter blues!

Our IV Vitamin Expert, Dr Kryspin Stepien (Consultant Anaesthetist) MD, FRCA, FCARCSI, EDRA) will do a comprehensive assessment of your requirements and concerns and a thorough medical assessment.



# INTRAVENOUS NUTRITIONAL THERAPY (IVNT)



There are many benefits from Intravenous Nutritional Therapy. We are happy to answer questions during a consultation with our trained doctor.. We also offer a range of 'BOOSTER SHOTS' including:

Fat Burning - contains amino-acids that can help speed up the fat burning process.

Glutathione - is considered the 'Master Anti-Oxidant'.

Vitamin B12 - can help boost energy and speed up metabolism



## Free Consultation

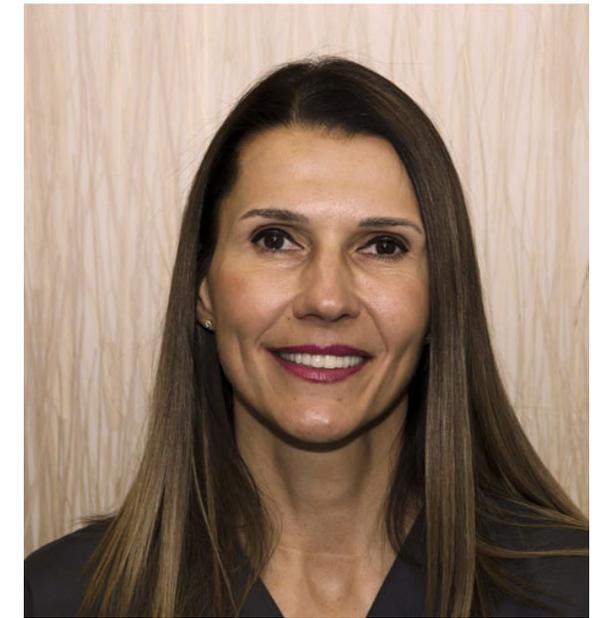
 The Sandford offers a wide range of facial aesthetic treatment.

If you are after the 'perfect pout' or 'cheeky cheek bones' then Dr Kasia Stepien is your lady!



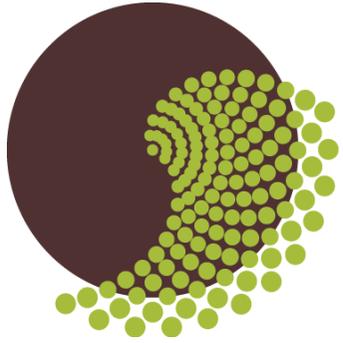
'Silhouette Soft' non-surgical facelift, using threads (Actual Patient).

It's not all about teeth!



Dr Katarzyna Stepien  
Dentist and Facial Aesthetics Practitioner  
DDS, FGDP(UK)  
Masterclass in Facial Aesthetics





## What's new?

SureSmile Aligners are a series of transparent, removable and virtually invisible clear aligners designed to progressively straighten your teeth into their ideal position.

Call us today to schedule your consultation!



SureSmile® Aligners



## Did you know?

We have developed an exciting new practice plan, which offers a complete peace of mind package, with dental check-ups, hygienist appointments, discounts on treatments and worldwide travel insurance all included in one monthly payment.

**ONLY £14.70 PER MONTH  
INCLUDING WORLDWIDE  
DENTAL EMERGENCY  
ASSISTANCE SCHEME**